**Keeping children safe in the sun/heat Policy**

At Docklands Day Nursery following NHS guidance we take a broad range of measures to keep the children safe in the sun and hot weather

The big garden at Docklands Day Nursery has a good mixture of shade sails and natural shade. When it is hot, the babies use the garden at the front under the shelter to protect them from hot weather conditions.

At Docklands Day Nursery, we will ensure that children do not play in the sun between 12 and 3pm when the temperature is 23 degrees or above.

Drinking water is available to the children in the nursery at all times. However, during hot weather staff will keep children well hydrated by actively encouraging them to drink at regular intervals. This is in addition to meal times and snacks, when they are always encouraged to drink.

Staff will encourage all children to wear hats outside when it is sunny. Please send your child in wearing their hat (clearly labelled) if the forecast is sunny, so that staff know they have a hat. They will be offered a spare hat if they don’t have one.

Children will always be encouraged to play in the shade, and water play and the majority of resources will be placed in the shade, when the weather is hot.

Children will always wear a T-shirt or other top and a nappy or pants so that they have some protection from the sun from clothing, even in paddling pools.

We ask that parents put a long lasting sun cream on their child before coming to nursery. We advise that this done this prior to dressing your child to allow for the removal of long sleeved tops etc. throughout the day.

If you feel that your child will require a second application of sun cream in the afternoon because of the weather or they are inclined to burn, please bring in a suitable bottle of sun cream and hand this to their key person, or another member of staff if their key person is unavailable, with instructions for when your child will need more sun cream.

Key person will work with and support parents with regards to any particular requirements e.g., skin allergies etc for individual children.